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Page Traveller Corrections and Updates

75

Apr 09, JESSICA GRAYSON, USA
Post Office: The only one near Casco Viejo is on Ave. Central in Calidonia across from the Don Bosco Church. That one is marked #10 on the map on pg 76. I don't think the Main Post Office you have marked is there anymore.

84

Apr 09, JESSICA GRAYSON, USA
Panama viejo. The best preserved part of the ruins are now fenced in with a \$4 fee to access. You can climb to the top of the bell tower. The museum is now up the road near the IPAT tourism office that is depicted on your map. This is also the only place I came across to get dropped off and picked up for the city buses.

90

Apr 09, JESSICA GRAYSON, USA
Luna's Castle: The price is now \$12 for a dorm and there is no attached bar, though they do have beer and sodas for a \$1 at the hostel.

92

May 09
Hostel Mamallena has moved locations and is now located in Casa 7-62 Calle Primera Perejil(close to the la Exposicion area). The phone number has also changed to (507) 393 6611 or (507) 6676 5583. The hostel is now larger and not so sterile!! There are more dorm rooms(\$11) and 12 private rooms(\$27.50) lots of bathrooms and social areas.

95

Mar 09
Brooklyn Cafe in Casco Viejo no longer exists.

95

Dec 09, LINSEY MARR, USA
Restaurante Vegetariano Mireya no longer exists

96

May 09, GERBRAND GERRITSEN, NETHERLANDS
Panama City: Masala Indian Cuisine has moved. New address: Calle 45 Este Bella Vista Ciudad de Panamá. Tel. 225-0105. opening times Mo thr Sat 11:30am t 3.00 pm and 6:00 pm t 10:30 pm Closed on Sundays. Restaurant is no longer 'housed in a historic Bella Vista mansion' but still 'redecorated with colorful textiles and Indian art'.

97

Jan 09
I am writing to inform you that the information you currently have in Lonely Planet PANAMA for LIMONCILLO Restaurant is outdated. The restaurant has moved. Our new contact information is: Limoncillo PONY CLUB (the name has grown as well). We are located on Calle 69 Este in the neighborhood of San Francisco in Panama City Panama. Our website is: www.limoncillo.com. We re-opened in Nov. 2008 after a year of being closed.

97

May 09, GERBRAND GERRITSEN, NETHERLANDS
Panama City: Limoncillo: We could not find this restaurant at all so it has also probably moved but we cannot tell you where.....anyway the address stated in the LP guide is not correct anymore.



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Jan 09

We write this Email to inform you that we have changed our name, food style and location but not our chef nor our quality. We used to be called La Cocotte used to be an only French restaurant and we were located in Av. 3B Sur Bella Vista in Panama. Now we are still a French restaurant but with a fusion of Asian elements. We are located in calle Beatriz Cabal Miranda in the Hotel DeVille in front of Tower Bank. Our name is TEN Bistro and our phone number is still 213-8250.

104

Apr 09, JESSICA GRAYSON, USA

Buses: The bus to San Carlos from Albrook terminal costs \$2.75. But expect the buses to take at least a half-hour to hour longer than posted times as they stop at intermediate towns serving as a psuedo-city bus.

117

Dec 09, LINSEY MARR, USA

Kool Hostel no longer exists

121

May 09

Isla Contadora: The 300 room Hotel Contadora has been boarded up like a ghost town.

127

Apr 09, JESSICA GRAYSON, USA

Playa El Palmar: The Hotel Palmar Surf Beach and school charges \$45 per night for room w/ AC. (You should be able to talk them down)

136

Mar 09, THORSTEN OEFVERBERG, PANAMA

Santa Clara: The village is not really a sleeping fishing village but more an area with rich beachside villas at a beautiful wide sandy beach. Beach parking 2 U\$ / person. XS Memories costs now 70 U\$ Las Sirenas costs 130 U\$

142

Jul 09, JOHN TIBBALS, USA

Trinidad Spa and Lodge, phone is (507) 263-4278

142

Jul 09, JOHN TIBBALS, USA

you list Trinidad Spa and Lodge in Cocle Province. Please note that it has changed name and is now Cerro la Vieja Eco-Hotel & Spa

181

Jan 09

Alto de Piedra and Cerro Tute section. The tour guides you have mentioned are not guides any longer. The only guide as of this writing is Cesar Miranda (of Aventuras Cesamo) who is very knowledgeable and pleasant. His telephone number is: 6792-0571.

181

Jan 09

Santa Fe: Cooperativa Santa Fe section. It is actually called the Cooperativa de Esperanza de los Campesinos (there is no cooperative called Cooperativa Santa Fe). There is no store above the restaurant. There is a store run by the cooperative that is a stone's throw away from the restaurant. This store is a grocery and feed store and they don't sell hats. The place to go for hats is the Mercado (listed on page 182).



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| 181 | Jan 09
Santa Fe: there is no set of towering waterfalls in Cerro Tute!! |
| 182 | Jan 09
Santa Fe: Festivals and Events section. There is no fixed date for the agricultural fair. It is always set around the beginning of February |
| 182 | Jan 09
Santa Fe: Getting there and Away. The fare from Santiago is actually \$2.40 one-way not \$2.00. |
| 189 | Aug 09, KOOS VAN DER VALK, NETHERLANDS
The region around Boquete has been hit hard by landslides. The Sendero de los Quetzales is no longer safe to walk. I crossed the landslide and almost didnt make it. A huge chunk of the trail is just gone. You cannot go around it. |
| 197 | Jun 09
In the David section the Tracopa bus fare is now \$15 instead of \$12.50. We took it last week so I guess the prices went up. |
| 198 | Mar 09, THORSTEN OEFVERBERG, PANAMA
Golfo de Chiriqui: Boat from the village Boca Chica to the island Boca Brava: 2 U\$/person. The road to Boca Chica is tarred all the way. |
| 198 | Mar 09, THORSTEN OEFVERBERG, PANAMA
Golfo de Chiriqui: Cabanas Boca Brava: 16 – 46 U\$ has now a total of 14 rooms. |
| 199 | Aug 09, JULIA SCHNETZER, GERMANY
The number for the hostel Mono Felize is wrong |
| 200 | Mar 09, THORSTEN OEFVERBERG, PANAMA
Playa Las Lajas: The distance from the Interamericana is 13 km not 26 km as indicated in the book! |
| 201 | Mar 09, THORSTEN OEFVERBERG, PANAMA
The Road to Veraguas Province: The village El Nancito is 3 km uphill. (you wrote 1.5km). There is a sign Museo at the T junction in the village and the Petroglyph area is fenced in. If it is closed ask for Cesar Rodriguez who lives in the village and is in charge of the little museum with a handful Indian artefacts. He can explain you the petroglyphs and also show you the way for a 20 min hike to a beautiful waterfall splashing over basalt columns North of the village. |
| 202 | Mar 09, THORSTEN OEFVERBERG, PANAMA
Boquete: Hotel Topas costs now 16 – 32 U\$ (the hotel is not indicated on the map on page 202) |
| 206 | May 09
My hostel, Hostal Nomba, has the following errors in the guidebook. Phone number 6401-6278 alternative 6497-5672 (we never had a hard-line phone number yet one was published). Our email ryan@miradoradventures.com . |



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Mar 09

I have just had a guest citing what the Lonely Planet said, asking us about coffee we serve. We don't serve coffee at La Veranda!

236

Oct 09, MARTINE BAARS, NETHERLANDS

There is no boat from Changuinola to Bocas Del Toro since a few years. In the guidebook there still is. But it's only possible to take a boat from Almirante.

254

Mar 09, THORSTEN OEFVERBERG, PANAMA

Colon Province; Coco Plum Lodge in Portobello: 55/ 65 U\$

256

Mar 09, THORSTEN OEFVERBERG, PANAMA

Colon Province; Isla Grande – getting there & away: Boat to Isla Grande: Boat 1.50 U\$ per person/single trip Parking 2 U\$.

318

Jan 09

Just a note about the "Health and safety" section of the guide to Panama. You state that the Yellow Fever vaccine is not compulsory. This is incorrect as of last year: anyone entering or leaving the country must be vaccinated. I would recommend the information is updated as soon as possible.